THE JEWELLERY WORKSHOP

Printable ring sizer

Two ways to find your UK ring size at home: a paper strip for your finger, and circles for a ring that already fits. Print this sheet at 100% or "actual size", not "fit to page".

Check the print first

This line should measure exactly 50 mm with a ruler. If it doesn't, the sizes on this sheet will be wrong, so change the print scale and print again.



A bank card is 85.6 mm wide

Method 1: the paper strip

1. Cut out the strip along the dashed line, then cut the short slit at the left end.
2. Wrap it round the base of your finger, letters facing out, and push the pointed end through the slit.
3. Pull it snug, not tight. It should still slide over your knuckle.
4. Read the letter at the slit. If it sits between two letters, choose the larger one.

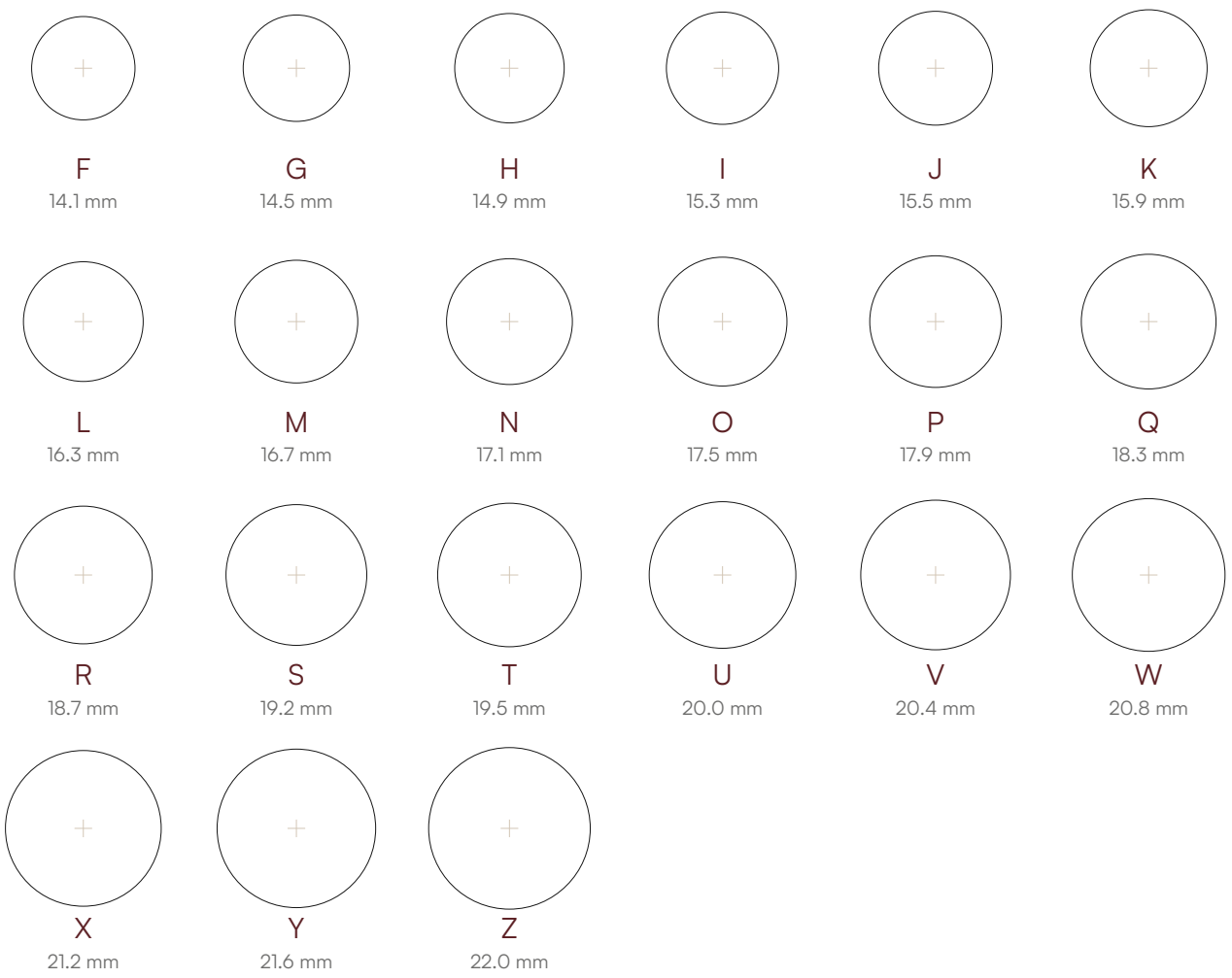


The strip gets you within about half a size, which is close enough to choose a ring or tell us what you need. For an engagement ring, have your finger measured with a ring gauge: we do it free at the workshop in Diss.

The Jewellery Workshop • 1 Market Place, Diss, Norfolk IP22 4JT • 01379 644790
We size fingers free at the workshop, Monday to Saturday 09:15—16:45. thejewelleryworkshop.co.uk/ring-size-guide

Method 2: a ring that already fits

1. Choose a ring that fits the finger you are sizing.
2. Lay it flat on the circles. Your size is the circle whose line sits just inside the ring's inner edge.
3. If the ring sits between two circles, choose the larger size.



UK, US and EU sizes

UK	US	EU	Diameter	Circumference
F	3	44	14.1 mm	44.2 mm
G	3½	46	14.5 mm	45.5 mm
H	4	47	14.9 mm	46.8 mm
I	4½	48	15.3 mm	48.0 mm
J	4¾	49	15.5 mm	48.7 mm
K	5¼	50	15.9 mm	50.0 mm
L	5¾	51	16.3 mm	51.2 mm
M	6¼	53	16.7 mm	52.5 mm
N	6¾	54	17.1 mm	53.8 mm
O	7¼	55	17.5 mm	55.1 mm
P	7¾	56	17.9 mm	56.3 mm

UK	US	EU	Diameter	Circumference
Q	8¼	58	18.3 mm	57.6 mm
R	8¾	59	18.7 mm	58.9 mm
S	9¼	60	19.2 mm	60.2 mm
T	9¾	61	19.5 mm	61.4 mm
U	10¼	63	20.0 mm	62.7 mm
V	10¾	64	20.4 mm	64.0 mm
W	11¼	65	20.8 mm	65.3 mm
X	11¾	67	21.2 mm	66.6 mm
Y	12¼	68	21.6 mm	67.8 mm
Z	12¾	69	22.0 mm	69.1 mm

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